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WELT  
HUNGER  
HILFE

For a world without hunger

# Synopsis

EVIDENCE FOR ZERO HUNGER ON A HEALTHY PLANET  
Insights and Progress 2022–2024

# IMPACT REPORT 2.0



# Doing More Isn't Enough. Changing Systems Is.

Evidence from 188 projects across 30 countries shows consistent improvements in food and nutrition security, WASH access and use, livelihoods, skills, agriculture, and women's empowerment. These changes are not only measurable—they are, in many cases, caused by Welthungerhilfe's interventions. And they tell a clear story: the strongest and most lasting results emerge where programs transform the systems, structures, and norms that shape people's lives, even in fragile and crisis-affected contexts.

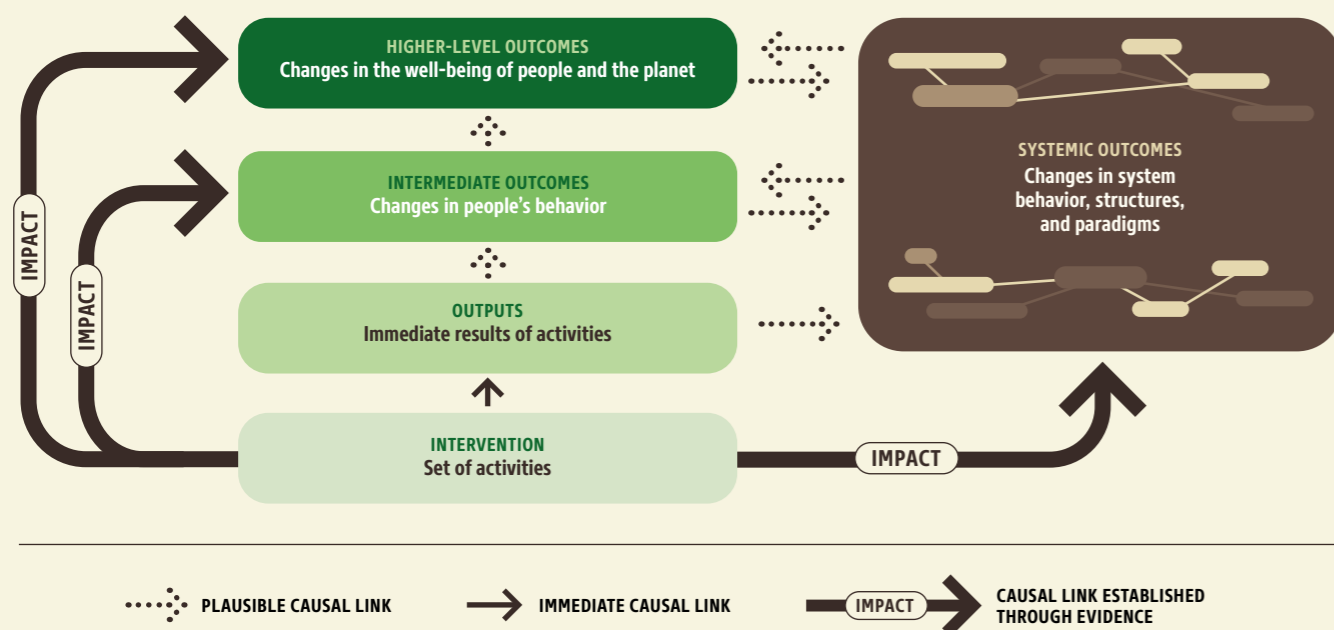
Humanitarian and development actors face growing pressure to demonstrate not only what they do, but what changes they contribute to, for whom, and under what conditions. The Impact Report 2.0 responds to this challenge by applying Welthungerhilfe's new *Impact Framework* to evidence from projects across its global portfolio.

Moving beyond linear results chains, the framework recognizes that change is rarely the product of a single intervention alone. Instead, outcomes emerge through complex interactions between projects, institutions, communities, markets, governance systems, and external factors such as conflict, climate shocks, or economic instability. The report therefore focuses not only on measuring results, but on understanding plausible causal pathways and Welthungerhilfe's contribution to observed change.

The framework distinguishes between four interconnected levels of change. **Outputs** refer to the immediate results of project activities and largely remain within a project's sphere of control. **Intermediate outcomes** describe changes in behaviors and practices of people. **Higher-level outcomes** refer to changes in the well-being of people and the planet. **Systemic outcomes** capture changes in institutions, governance systems, markets, social norms, and other systemic factors that influence whether positive change is sustained, scaled, or reversed over time.

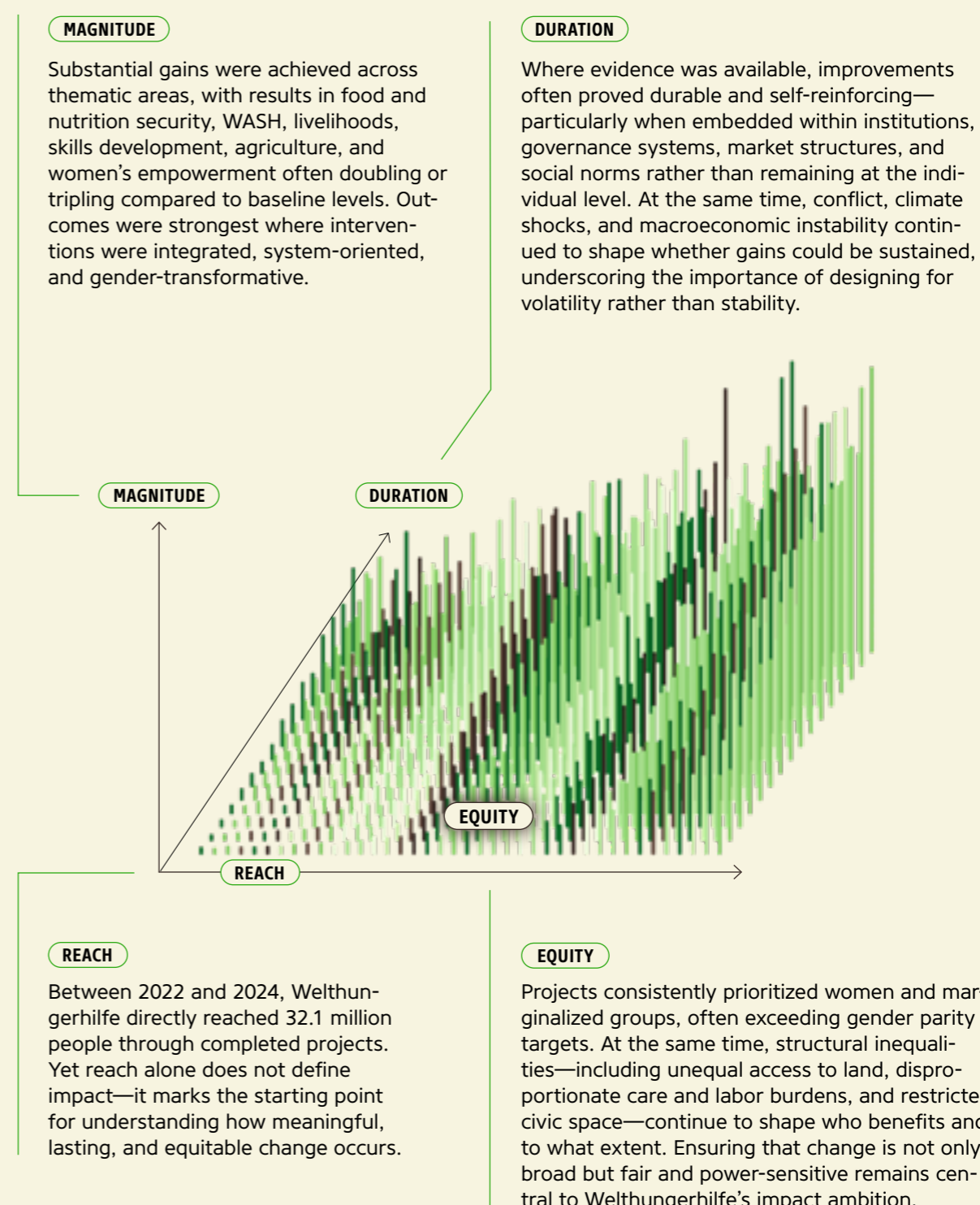
Within this framework, **impact** is understood more specifically as outcomes that are relevant for people affected by hunger and poverty and for which a causal contribution can be substantiated through right-fit evidence. This can be generated through both attribution and contribution methods, but it always requires a systematic examination of how an intervention contributed to change, consideration of alternative influencing factors, and transparent articulation of the underlying causal logic.

## WELTHUNGERHILFE'S OUTCOME AND IMPACT CLASSIFICATION SCHEME



# Outcomes and Impact as a Multi-Dimensional Concept

Welthungerhilfe's *Impact Framework* emphasizes that outcomes and impacts are multidimensional. Rather than focusing only on the number of people reached or average effect sizes, it examines change more holistically through four dimensions: reach—how many experience change; magnitude—how strong that change is; duration—how long it lasts; and equity—how fairly it is distributed. Together, these dimensions help reveal not only how much change occurs, but also how meaningful, sustainable, and inclusive that change is. The graphic below presents Welthungerhilfe's overarching results across these four dimensions of change.



# Results from Welthungerhilfe's Global Outcome Monitoring



## SUSTAINABLE FOOD AND NUTRITION SECURITY

The **number of food-secure months** for households increased from an average of **7.4 (62%)** to **9.1 months (76%)** per year, representing a **23%** improvement.

The percentage of households with **acceptable food consumption** increased from **19%** to **50%**, representing a **162%** relative increase.

Among **women of reproductive age**, the proportion achieving a **minimally diverse diet** increased from **13%** to **40%**—a relative increase of **217%** compared to baseline levels.



## DRINKING WATER, SANITATION, AND HYGIENE

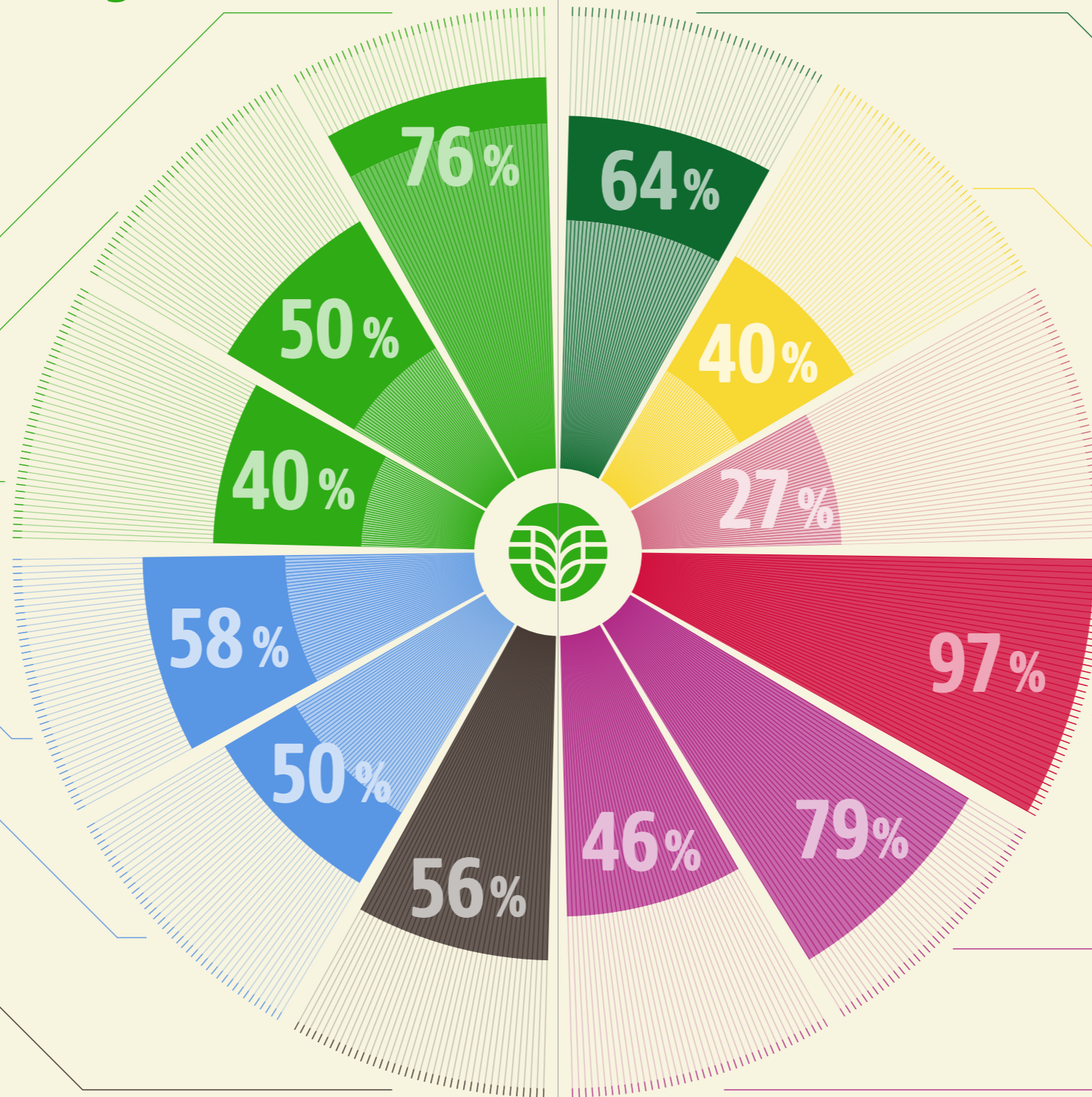
Household access to **at least basic drinking water services** rose from **25%** to **58%**, corresponding to a **129%** increase compared to baseline coverage.

Household access to **at least basic sanitation services** improved from **31%** to **50%**, marking a **60%** increase relative to baseline levels.



## ECONOMIC DEVELOPMENT

**56%** of households reported an **increase in cash income** over the project period.



## AGRICULTURE, CLIMATE RESILIENCE, AND NATURAL RESOURCE MANAGEMENT

**Adoption of sustainable and climate-resilient agricultural practices** increased from **37%** to **64%**, reflecting a **73%** relative increase compared to baseline levels.



## GENDER EQUALITY AND WOMEN'S EMPOWERMENT

**Women able to influence community decision-making** increased from **15%** to **40%**, representing a **165%** rise compared to baseline levels.



## CIVIL SOCIETY EMPOWERMENT AND HUMAN RIGHTS

In 2024, **27%** of Welthungerhilfe projects applied a **rights-based approach**, and **67%** of its **civil society partners** were **engaged in advocacy** at the local, national, and/or international level.



## HUMANITARIAN ACTION

In crisis contexts, **97%** of project participants expressed **satisfaction** with the support received, demonstrating the relevance and quality of Welthungerhilfe's humanitarian actions.



## SKILLS DEVELOPMENT AND EMPLOYMENT

**79%** of participants in Welthungerhilfe **training interventions** **successfully completed** their courses.

**46%** of Welthungerhilfe's *Skill Up!* program graduates have **found employment or improved their employment** in occupations related to their training within one year.

## PROJECT COVERAGE

### All projects completed 2022–2024

37 countries	<div style="width: 100%;"></div>
32.1 million people supported	<div style="width: 100%;"></div>
553 projects	<div style="width: 100%;"></div>
EUR 953.1 million in project volume	<div style="width: 100%;"></div>

### Projects included in IR 2.0 analysis

30 countries	<div style="width: 81%;"></div>
8.0 million people supported	<div style="width: 25%;"></div>
188 projects	<div style="width: 34%;"></div>
EUR 414.4 million in project volume	<div style="width: 43%;"></div>

The figure illustrates the magnitude of change. Additional evidence on progress in reach, duration, and equity in each of the thematic areas is presented in the full version of the [Impact Report 2.0](#).

For ease of reading, baseline and endline values in most result presentations are rounded. However, the reported relative changes are based on exact calculations and may therefore differ slightly from the values shown.

# Evidence from Across Thematic Areas and Contexts

Across diverse contexts, from development settings to fragile and crisis-affected environments, evidence from Welthungerhilfe's portfolio reveals consistent patterns in what drives meaningful and lasting change. While outcomes are shaped by external factors such as political instability and climate shocks, the analysis shows that certain approaches perform more consistently than others. Positive change is not determined by single interventions, but by how different technical, institutional, and social elements are combined.

## Integrated and Systemic Approaches for Lasting Results

Interventions that combine multiple thematic areas and address interconnected challenges consistently outperform isolated approaches by influencing the underlying drivers of change more comprehensively. The most durable outcomes are observed where interventions go beyond direct service delivery and actively strengthen local systems. Programs that engage with institutions, markets, and social norms create conditions in which change can sustain itself beyond the project lifecycle. This includes embedding practices in public systems and enabling accountability mechanisms.

## Gender Equality: A Critical Driver of Results

Across thematic areas, outcomes are consistently stronger and more sustainable when gender equality is addressed systematically. Evidence shows that success depends not only on enhancing women's access to resources and their participation in decision-making processes but needs to be supported by actively involving men in shifting norms and responsibilities to reduce resistance and support more equitable outcomes. Hence, working to transform underlying power dynamics remains essential for achieving lasting results.

## Humanitarian Action: Enabling Immediate and Longer-Term Change

Humanitarian interventions are highly effective in achieving immediate improvements in well-being and access to essential services. When designed with a systems perspective—prioritizing local leadership and early warning systems—they also contribute to transformation. This allows humanitarian action to serve not only as short-term relief, but as an entry point for more sustainable change.



# Strategic Commitments Grounded in Evidence

The findings of this report show that Welthungerhilfe is achieving meaningful and measurable impact across thematic areas and contexts. Further, it sheds light on success criteria for impactful programming. As a learning organization, Welthungerhilfe commits to acting on this evidence.

## Deliver on System Transformation

The evidence shows that the most consistent and durable outcomes are achieved where programs go beyond direct service delivery to contribute to system transformation.

**Welthungerhilfe will** further align its programming with a system-transformative approach, focusing on power relations, policies, and market systems. Projects and MEAL systems will be designed to contribute collectively to systemic change rather than operating in isolation.

## Drive Impact Across Four Dimensions

Success is not defined by a single metric. Reach, magnitude, duration, and equity often require careful balancing to ensure that expanding one does not dilute another.

**Welthungerhilfe will** explicitly design and assess programs across all four dimensions of change. We will actively manage trade-offs to ensure that results are not only broad but also sustainable and equitable.

## Design for Volatility, Not Stability

External shocks—conflict, climate extremes, and economic instability—are the primary factors limiting the sustainability of outcomes. Yet, some of the strongest results are achieved in these very environments through integrated and systemic approaches.

**Welthungerhilfe will** treat volatility as the default context and position humanitarian action as an entry point for transformation, strengthening local leadership and investing in anticipatory action to build long-term resilience.

## Advance Gender Equality for Lasting Change

Outcomes are consistently stronger and more durable where gender equality is addressed systematically.

**Welthungerhilfe will** scale gender-transformative approaches that strengthen women's rights and decision-making power while actively engaging men to shift underlying norms and power dynamics.

## Continuously Improve the Evidence Base

While this report represents a major step forward, it has also highlighted remaining gaps in the systematic and documented use of evidence during program design.

**Welthungerhilfe will** strengthen the systematic use of evidence throughout the program cycle. The *Evidence Marker* introduced in 2025 will support evidence-based design, while continued investments in MEAL systems will expand data coverage and improve methodologies.

ZERO HUNGER ON A HEALTHY PLANET IS STILL POSSIBLE

Our responsibility now is to act on the evidence with courage, commitment, and strategic intent.



## Impact Report 2.0

The Impact Report 2.0 provides the full evidence behind these findings—including seven thematic area deep dives, case studies, and detailed outcome data across 30 countries.

Download the full report:

[welthungerhilfe.org/impactreport](https://welthungerhilfe.org/impactreport)

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The DZI donation seal certifies Welthungerhilfe's efficient and responsible handling of the funds entrusted to it since 1992.

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