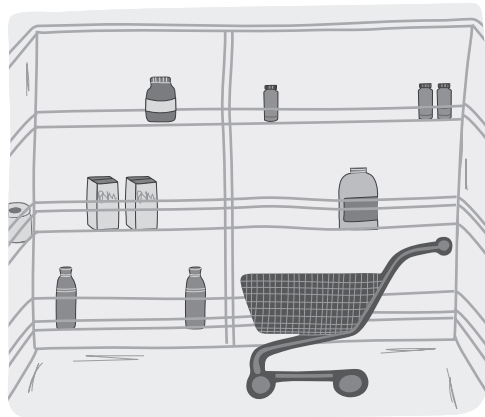
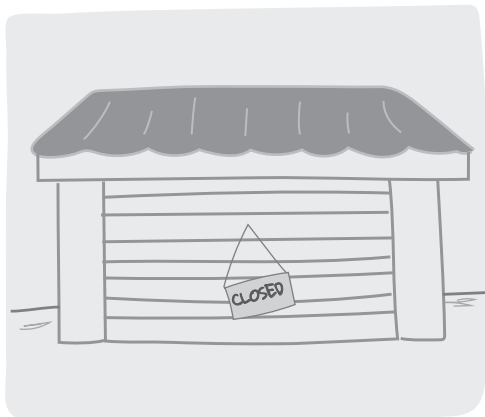


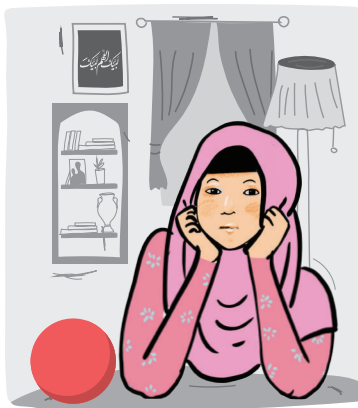


The sun is shining, and the day is clear, but the city is empty, and all the places look quiet.



Shops and supermarkets are open, but you can't see anything in them. Schools are closed and not even a person is in the streets.

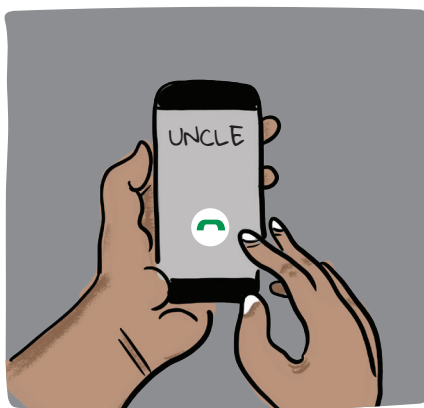




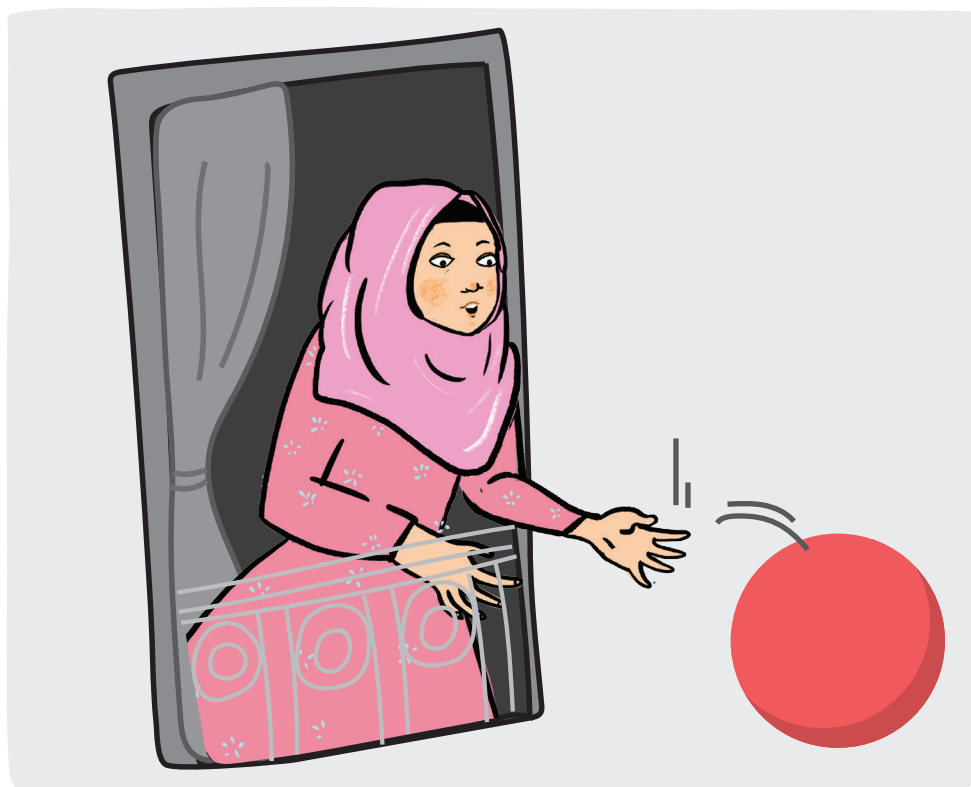
All the schools are closed. Amina, Oliver, Tara and Kolubah are inside their houses and not allowed to come out. They are tired sitting home doing nothing and not allowed to go out of their houses.

Uncle, what is this Corona thing that everybody is talking about? So, all of us will die? Plenty people are suffering. I don't like to just be sitting home whole day and not able to play with my friends. What thing we must do?

Kolubah don't worry, relax your mind, Corona is a virus just like plenty other viruses around that can spread from one person to another through small-small things that can come from the human body when they sneeze or cough. I will send you a message about all the things you need to know about corona.

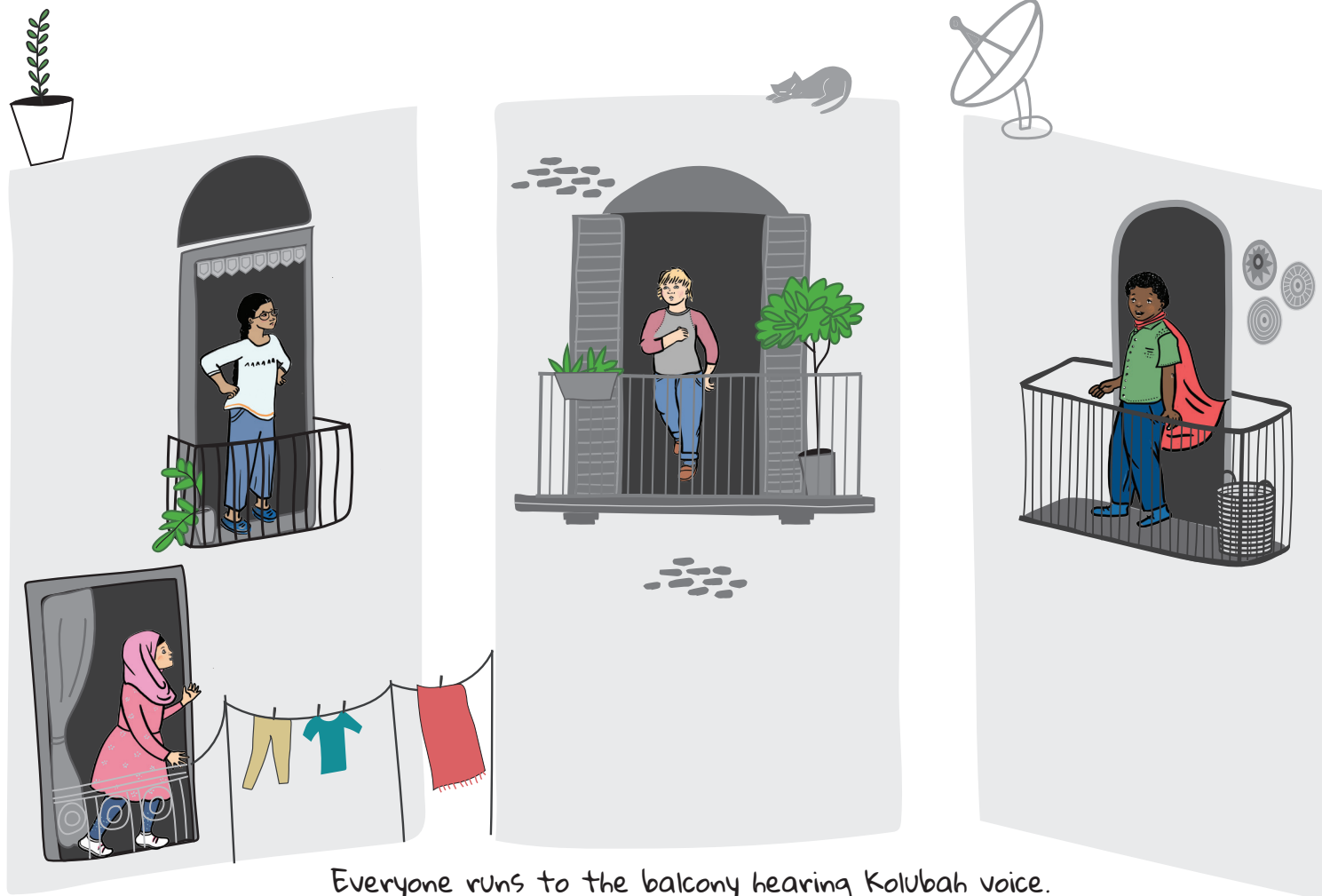


Feeling frustrated, Kolubah decided to look for answer. He called his uncle who is a doctor who is working in the city and many people know him.



We see ball dropping in front of Oliver's window.

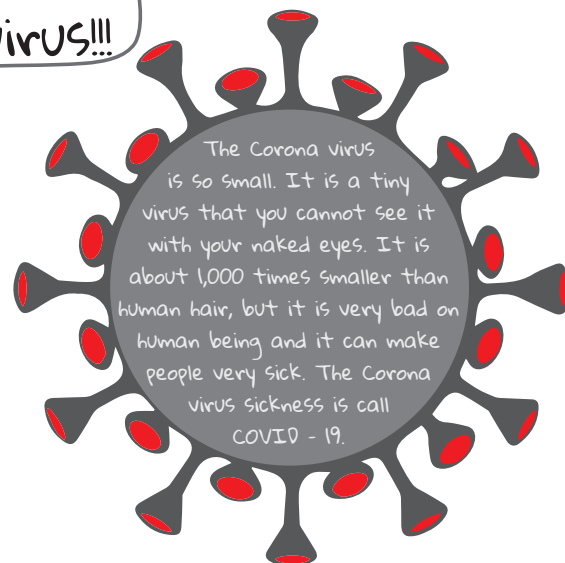
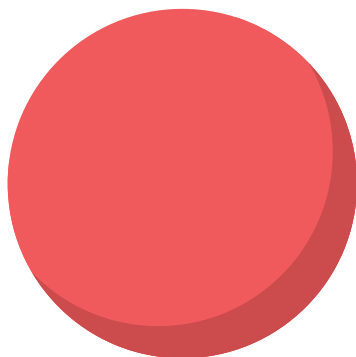
He shouted and runs outside



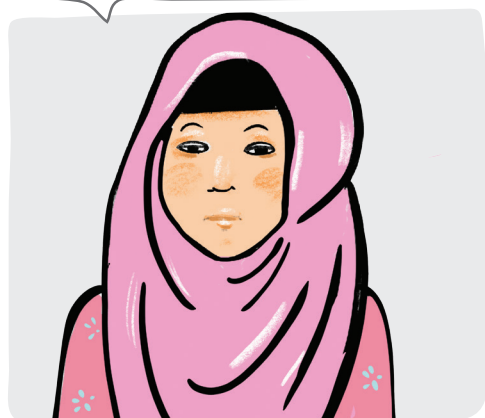
Everyone runs to the balcony hearing Kolubah voice.



Hahaha. This is not the Corona virus! This is the virus!!!



I already know about this one.



Of course, Amina, you already knew



What happened to you Amina? You are not looking happy.







Tomorrow is my lil sister birthday, we planned to have a party for her, but my parents said that we are not having it again and now she is crying, and I am feeling too bad for her.

I don't think it is fair to say that the lil girl must not celebrate her birthday - ooh. No body among us get this corona virus sickness here, so it means we are all safe.



Guys, this is just for us to be very careful about our own safety. To be very careful is the right thing to do now.



"This Corona virus sickness does not have respect for border or special country, it can go anywhere in this world, in Africa, Asia, America, Europe, it can go in big and small towns and cities and even in the small villages."

Yes Oh! That's just it there. No matter where we live, whether in a city, town or even in a village - the virus can reach there. People in the city area can get this sickness more, because the place can be crowded with plenty people.



Yes, and if someone with the Corona virus sickness sneeze, cough or shake hands with someone else, the Corona sickness can get on the other person who is not sick. The Corona sickness can enter the body through the mouth, eyes and nose.



But how can we know that we are sick with this Corona virus sickness? My mother sneezed one time this morning. You think that she gets this Corona virus sickness? She will die?



One-time sneezing doesn't mean anything, but if someone gets this COVID - 19 sickness, they can give it to other people even if the person is not feeling sick. This is the reason why the Corona virus sickness can spread easily more than the normal fresh cold that people can get.



If the Corona virus sickness gets inside our body, it can multiply (double-double) and get plenty. Our body get certain things that can fight the virus. This fighting with the virus can make the person skin to get hot and they will be coughing. People who get small-small sicknesses in their body or their body not too strong to fight the virus, older people more than 50 to 60 years or more, like our grandma and grandpa, can get seriously sick. Sometimes, they will have to go to the hospital for treatment to save their life.







But I still feeling bad for Amina's sister mehn. She should be able to have her birthday party.

Amina's parents are doing the right thing, they are trying to be careful and are protecting everyone, not only her sister, but everyone who would have come to the birthday party if they have it.



Everyone should be at their house; they should only do things with or touch their close family member in the same house.



Stay far off from grand ma and grand pa if they are staying with you in the same house.



Do not go out of the house or anywhere unless it is very important and you have to go by all means, like going to buy food.

They call this social distancing.

Okay Amina, you should be happy now. Your family is trying to protect everyone.



Social distancing is the one important thing everybody must do now-now. It is the best way to stop the corona virus sickness from spreading around and making sure the virus must not get on our body. This is the reason why most of the schools are closed in the cities, town and villages and you may not be able to meet with your friends for some time.

My parents say Social distancing also mean..... stay away from group of people, no bringing people together



no going to video club



no eating to restaurant or cook shop



no going to playground



no going to sport events



no going to places where plenty people will be



no holding or going to birthday parties



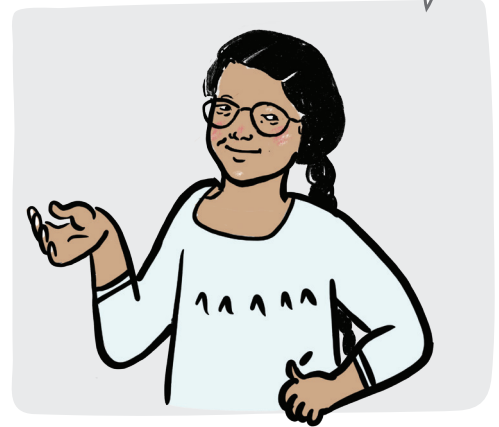
Yes, break the chain! Stop the virus from moving from one person to another. Be very mindful and don't let the corona virus sickness enter your body.



But we can't stay inside always and whole day, we may need to get out of the house to buy food or see a doctor. What can we do then?



You Right, Oliver. But there are some simple things we can do to stop the virus from catching us if we have to go out by all means.



For one, don't kiss people, even on their jaw/cheek, don't hug people or shake hands for greetings anymore.



For greetings, you can smile and say, "Hi or Hello".



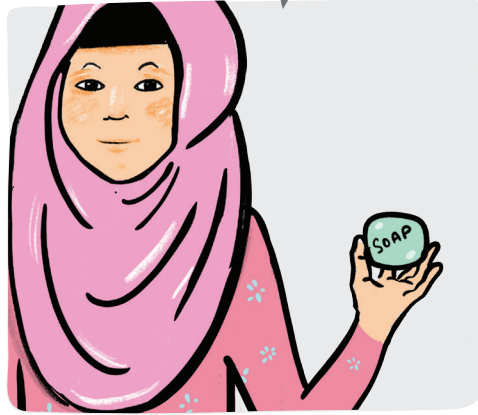
Stay about 5 to 6 feet from other people.



If you want to cough or sneeze, bend your elbow and sneeze on the corner of your arm or cover your mouth and nose very well.



And remember to always wash your hands with soap and water as soon as you get home.



Yes, wash your hands with soap and clean water for about 20 seconds like this

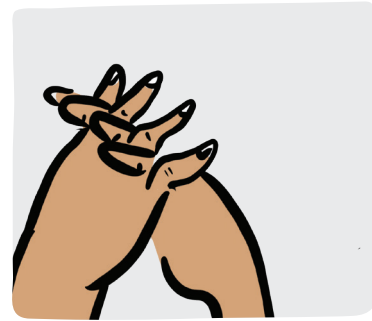




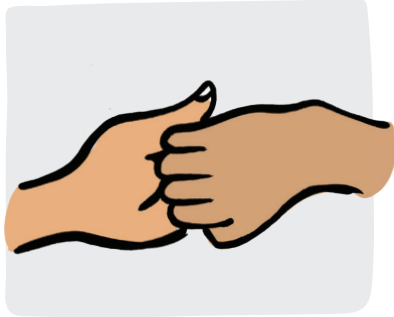
1. Palms



2. Back of hands



3. Between fingers



4. Back of fingers



5. Thumbs



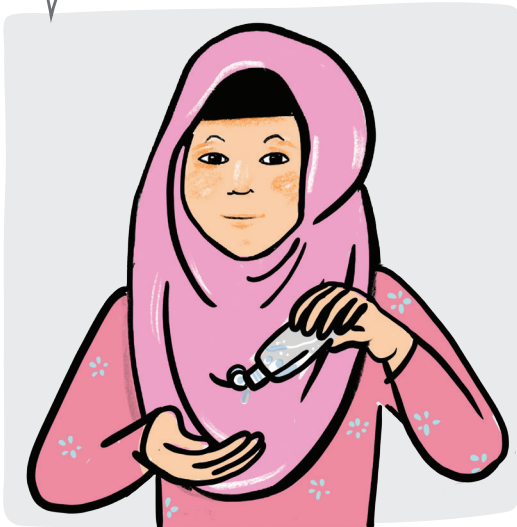
6. Fingertips



7. Wrists

Like this, the corona virus cannot stay on our hands

If no water and soap around you, make sure you have something with alcohol to rub your hands with sanitizer, or try your best not to touch your face with your hands until you are able to wash your hands with soap and water.



Guys, if we all can be very careful and don't let this Corona Virus to get into our body or stop it from catching other people, we will slow it down from spreading from one person to another, Until this corona virus business can finish, we can play in our houses, read books and do all our homework. Let us share all the things we know about the virus to all the people we know. We are the team that can stop the Corona virus sickness from spreading.





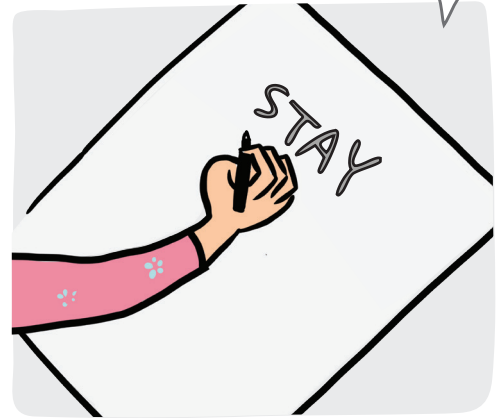
I will send message to everyone I know.



I am going to tell my parents to share this with all their friends by calling them on the phone.



While we are doing this, let us share the main message with our neighbors too!



NEXT DAY...

